

Healthcare resource impact of Polybalm® for prevention of chemotherapy-induced nail toxicity: an economic analysis

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Significance & background

Chemotherapy-induced nail toxicity is a pervasive adverse event, with incidence rates reaching 89% in breast cancer patients receiving docetaxel and 85% in those receiving paclitaxel after multiple cycles. No evidence-based topical treatment was available to manage this until Polybalm® became the first RCT-backed treatment for cancer therapy-associated nail damage.

Polybalm®, a polyphenolic-rich nail bed topical balm, demonstrated an 84% relative risk reduction in a randomized controlled trial (incidence 7% vs 43%, p<0.0001). This toxicity frequently manifests as onycholysis, subungual hemorrhage, and paronychia, leading to functional impairment and reduced quality of life.

Management falls primarily to nursing care; however, in the absence of topical options, the only evidence-based alternative has been nail cryotherapy, which requires valuable chair-time and is accessible in a minority of settings. Consequently, the economic burden is substantial, driven by dermatology referrals, podiatry visits, and secondary infection management. Furthermore, severe toxicity (Grade 2/3) necessitates chemotherapy dose reductions or delays, potentially compromising oncologic efficacy.

Aims of this economic assessment

To evaluate the healthcare resource impact of implementing Polybalm® treatment and prophylaxis for patients receiving chemotherapy, specifically assessing impact at real-world incidence rates observed in multi-cycle regimens.

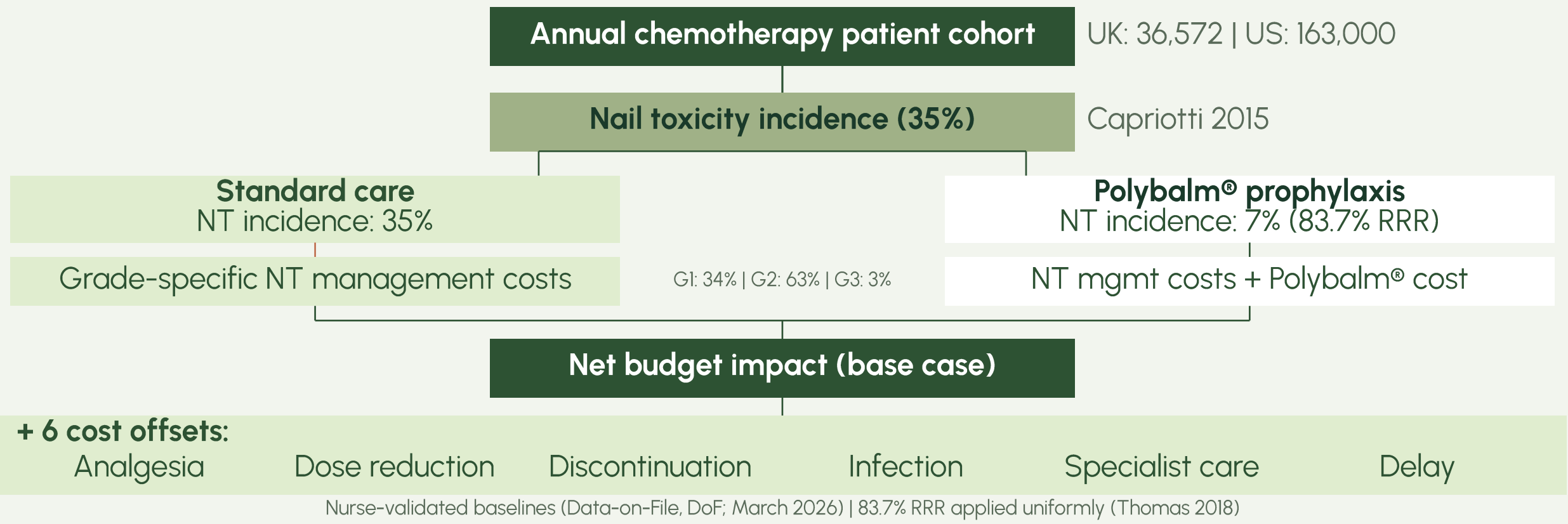
Specific objectives:

- Develop a resource impact model incorporating key cost offset categories covering direct healthcare resource savings from nail toxicity prevention
- Validate key parameters using nurse clinical input (data-on-file, 2026) and standardize relative risk reductions to RCT evidence (83.7% RRR)
- Evaluate the economic impact across reported incidence ranges to identify the threshold for cost neutrality

Study design: Budget impact analysis from UK NHS and US payer perspectives. One-year time horizon. Chemotherapy-treated cancer populations.

Evidence base: Comprehensive literature review (526 studies screened), Thomas 2018 RCT foundation for Polybalm®, Capriotti 2015 meta-analysis on nail damage incidence, Piraccini 2019 grade distribution, NHS Reference Costs 2023/24, CMS Medicare PFS/OPPS 2024, ACS Cancer Statistics 2025, nurse-validated clinical parameters.

Interventions / methods



Key parameters - nurse-validated (2026)

Parameter	Without Polybalm®	With Polybalm®	Source
Nail toxicity incidence	35%	7%	Thomas 2018 RCT RRR 83.7%
Dose reduction rate	10%	1.63%	Baseline, nurse input; RCT RRR applied
Treatment delay rate	4%	0.65%	Baseline, nurse input; RCT RRR applied
Discontinuation rate	3%	0.49%	Baseline, nurse input; RCT RRR applied
Polybalm® cost/patient	-	£83 (UK) / \$135 (US)	Ex-VAT; multi-pack discounts available

DoF = data-on-file (nurse clinical input; UK hospital visits, March 2026). RRR = relative risk reduction

Evaluation / results

Nail toxicity cases avoided (US) 45,640 /year	Total US cost offsets \$16.9M /year	US net savings \$16.6M /year
Metric	UK (NHS)	US (Payer)
Target population	36,572	163,000
Total cost offsets	£2,318,454	\$16,922,187
Revised net budget impact	-£1,945,136	-\$16,597,328
Per-patient net savings	-£53.18	-\$101.82
Return on investment	1.92×	1.75×

Polybalm® is cost-saving in both UK and US settings.
Net savings maintained with conservative nurse-validated baseline rates.

Discussion

Commissioning Polybalm® presents a strong economic case for chemotherapy-treated populations where cumulative nail toxicity risk exceeds ~8–10% incidence

(reduced from estimated ~50% reported in the submitted abstract, to ~35% in updated model without cost offset, which reflected base-case management savings only).

Polybalm® is cost-saving for virtually all chemotherapy-treated populations. By preventing severe nail damage, Polybalm® alleviates patient suffering as the first RCT-based topical chemotherapy nail toxicity therapy, and it also releases healthcare resources otherwise consumed by toxicity management.

Key findings

- + Cost-saving in both settings: Net savings of £1.95M/year (UK) and \$16.6M/year (US) with comprehensive cost offsets. The economic case holds even with conservative nurse-validated rates.
- + Strengthened evidence base: Baseline rates for dose reduction (10%), treatment delay (4%), and discontinuation (3%) validated by nurse clinical input (data-on-file, 2026).
- + All Polybalm® rates derived consistently using standardised 83.7% RRR from the Thomas 2018 RCT.
- + Dose reduction and discontinuation prevention are the largest offsets.
- + The model identifies a cost-neutrality threshold at approximately 8-10% incidence; meaning Polybalm® is cost-saving for virtually all chemotherapy-treated populations..

- + **Implications for nursing practice:** Oncology nurses are uniquely positioned to implement Polybalm® as a prophylactic intervention. Early initiation of nail care protocols during chemotherapy can prevent downstream treatment modifications and generate measurable cost savings.

Limitations

- + Single RCT evidence (n=60, breast cancer, paclitaxel); generalizability to other chemotherapy assumed
- + Baseline dose modification rates from UK nurse input – US-specific input and validation in progress
- + Polybalm® offers multi-pack discounts – pricing used here is for single-packs; multi-packs will yield further saving
- + Cost offsets for treatment delay use conservative assumptions
- + One-year time horizon; longer-term benefits not captured

References

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- Nurse clinical input, data-on-file (Polybalm®, 2026)

Acknowledgements & disclosures

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